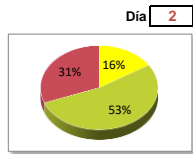


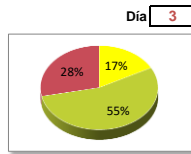


# Calorías Infantil

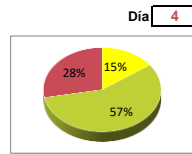
# enero 2023



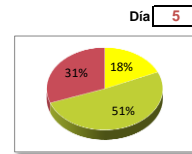
|                 | %    | Gr         |
|-----------------|------|------------|
| Proteínas       | 15,0 | 27,0       |
| Hidratos C.     | 50,0 | 76,0       |
| Grasas          | 29,0 | 18,0       |
| <b>CALORÍAS</b> |      | <b>563</b> |



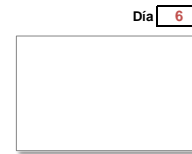
|                 | %    | Gr         |
|-----------------|------|------------|
| Proteínas       | 17,0 | 25,0       |
| Hidratos C.     | 54,0 | 82,0       |
| Grasas          | 28,0 | 18,0       |
| <b>CALORÍAS</b> |      | <b>564</b> |



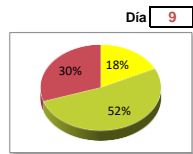
|                 | %    | Gr         |
|-----------------|------|------------|
| Proteínas       | 14,0 | 30         |
| Hidratos C.     | 53,0 | 82         |
| Grasas          | 26,0 | 17         |
| <b>CALORÍAS</b> |      | <b>583</b> |



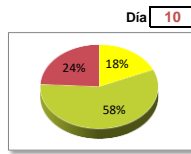
|                 | %    | Gr         |
|-----------------|------|------------|
| Proteínas       | 18,0 | 27         |
| Hidratos C.     | 50,0 | 77         |
| Grasas          | 30,0 | 20         |
| <b>CALORÍAS</b> |      | <b>572</b> |



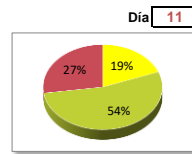
|                 | % | Gr |
|-----------------|---|----|
| Proteínas       |   |    |
| Hidratos C.     |   |    |
| Grasas          |   |    |
| <b>CALORÍAS</b> |   |    |



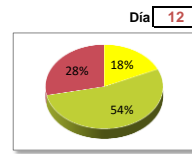
|                 | %    | Gr         |
|-----------------|------|------------|
| Proteínas       | 17,0 | 27         |
| Hidratos C.     | 50,0 | 76         |
| Grasas          | 29,0 | 18         |
| <b>CALORÍAS</b> |      | <b>563</b> |



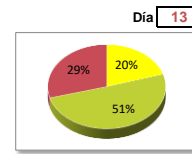
|                 | %    | Gr         |
|-----------------|------|------------|
| Proteínas       | 16,0 | 28         |
| Hidratos C.     | 50,0 | 77         |
| Grasas          | 21,0 | 19         |
| <b>CALORÍAS</b> |      | <b>571</b> |



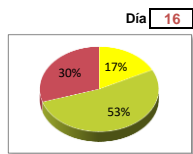
|                 | %    | Gr         |
|-----------------|------|------------|
| Proteínas       | 19,0 | 27         |
| Hidratos C.     | 53,0 | 80         |
| Grasas          | 27,0 | 17         |
| <b>CALORÍAS</b> |      | <b>561</b> |



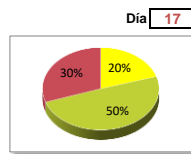
|                 | %    | Gr         |
|-----------------|------|------------|
| Proteínas       | 18,0 | 27         |
| Hidratos C.     | 53,0 | 83         |
| Grasas          | 28,0 | 18         |
| <b>CALORÍAS</b> |      | <b>583</b> |



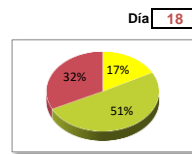
|                 | %    | Gr         |
|-----------------|------|------------|
| Proteínas       | 20,0 | 30         |
| Hidratos C.     | 50,0 | 78         |
| Grasas          | 29,0 | 19         |
| <b>CALORÍAS</b> |      | <b>587</b> |



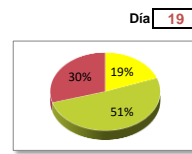
|                 | %    | Gr         |
|-----------------|------|------------|
| Proteínas       | 17,0 | 29         |
| Hidratos C.     | 51,0 | 82         |
| Grasas          | 29,0 | 20         |
| <b>CALORÍAS</b> |      | <b>601</b> |



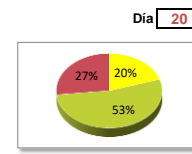
|                 | %    | Gr         |
|-----------------|------|------------|
| Proteínas       | 20,0 | 30         |
| Hidratos C.     | 49,0 | 78         |
| Grasas          | 30,0 | 20         |
| <b>CALORÍAS</b> |      | <b>592</b> |



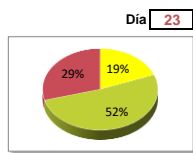
|                 | %    | Gr         |
|-----------------|------|------------|
| Proteínas       | 17,0 | 29         |
| Hidratos C.     | 50,0 | 91         |
| Grasas          | 32,0 | 24         |
| <b>CALORÍAS</b> |      | <b>668</b> |



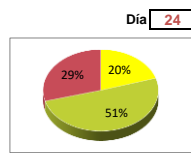
|                 | %    | Gr         |
|-----------------|------|------------|
| Proteínas       | 19,0 | 28         |
| Hidratos C.     | 50,0 | 79         |
| Grasas          | 29,0 | 19         |
| <b>CALORÍAS</b> |      | <b>584</b> |



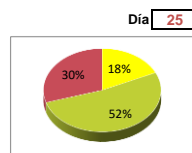
|                 | %    | Gr         |
|-----------------|------|------------|
| Proteínas       | 20,0 | 30         |
| Hidratos C.     | 53,0 | 82         |
| Grasas          | 26,6 | 17         |
| <b>CALORÍAS</b> |      | <b>583</b> |



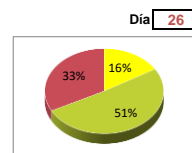
|                 | %    | Gr         |
|-----------------|------|------------|
| Proteínas       | 19,0 | 29         |
| Hidratos C.     | 51,0 | 82         |
| Grasas          | 29,0 | 20         |
| <b>CALORÍAS</b> |      | <b>601</b> |



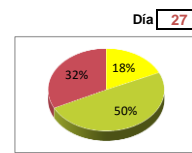
|                 | %    | Gr         |
|-----------------|------|------------|
| Proteínas       | 20,0 | 30         |
| Hidratos C.     | 50,0 | 78         |
| Grasas          | 29,0 | 19         |
| <b>CALORÍAS</b> |      | <b>587</b> |



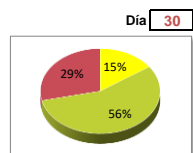
|                 | %    | Gr         |
|-----------------|------|------------|
| Proteínas       | 17,0 | 29         |
| Hidratos C.     | 49,0 | 70         |
| Grasas          | 28,0 | 17         |
| <b>CALORÍAS</b> |      | <b>528</b> |



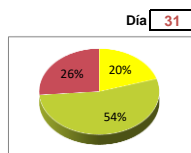
|                 | %    | Gr         |
|-----------------|------|------------|
| Proteínas       | 16,0 | 23         |
| Hidratos C.     | 50,0 | 73         |
| Grasas          | 32,0 | 20         |
| <b>CALORÍAS</b> |      | <b>543</b> |



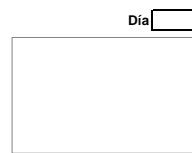
|                 | %    | Gr         |
|-----------------|------|------------|
| Proteínas       | 18,0 | 22,0       |
| Hidratos C.     | 49,0 | 63,0       |
| Grasas          | 32,0 | 17,0       |
| <b>CALORÍAS</b> |      | <b>477</b> |



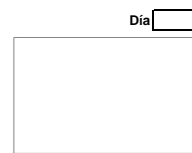
|                 | %    | Gr         |
|-----------------|------|------------|
| Proteínas       | 15,0 | 22,0       |
| Hidratos C.     | 55,0 | 85,0       |
| Grasas          | 28,0 | 18,0       |
| <b>CALORÍAS</b> |      | <b>575</b> |



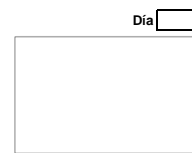
|                 | %    | Gr         |
|-----------------|------|------------|
| Proteínas       | 20,0 | 30,0       |
| Hidratos C.     | 53,0 | 82,0       |
| Grasas          | 26,0 | 17,0       |
| <b>CALORÍAS</b> |      | <b>583</b> |



|                 | % | Gr |
|-----------------|---|----|
| Proteínas       |   |    |
| Hidratos C.     |   |    |
| Grasas          |   |    |
| <b>CALORÍAS</b> |   |    |

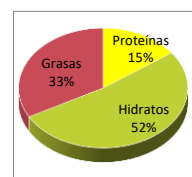


|                 | % | Gr |
|-----------------|---|----|
| Proteínas       |   |    |
| Hidratos C.     |   |    |
| Grasas          |   |    |
| <b>CALORÍAS</b> |   |    |



|                 | % | Gr |
|-----------------|---|----|
| Proteínas       |   |    |
| Hidratos C.     |   |    |
| Grasas          |   |    |
| <b>CALORÍAS</b> |   |    |

### CANTIDADES SUGERIDAS



Las calorías consumidas pueden oscilar +/- 200, dependiendo de las edades, ya que el gramaje de las raciones varía.

